

Life Time Group Holdings, Inc. Environmental Policy

INTRODUCTION

Life Time Group Holdings, Inc. ("Life Time") is committed to managing environmental impact as an integral part of our business operations, including by embracing the following approaches:

- We will employ management systems and procedures designed to minimize the use of energy and other natural resources, to minimize the generation of waste, and to enable recycling and reuse of materials.
- We will seek opportunities to improve our environmental performance by establishing clear measurement using standardized reporting methodologies, establishing objectives or targets, and measuring and reporting our progress on environmental topics.
- We will promote environmental responsibility among our team members, members, and communities.
- It is our policy to comply, and require our suppliers to comply, with all applicable international, federal, regional, state, and local environmental laws, ordinances, and regulations where we operate.

FOCUS AREAS

Greenhouse Gas Emissions Reduction

We will endeavor to monitor and reduce harmful GHG emissions by implementing reduction solutions, including source elimination, efficiency improvement, and greater clean fuel use.

Energy and Water Conservation

We will endeavor to improve the efficiency of our energy and water usage through our club design and construction as well as our ongoing operations by including energy planning in project decisions and researching technologies and processes to reduce energy and water consumption.

Waste Minimization

We will endeavor to minimize waste in our business operations by reducing the amount of waste we generate and diverting waste from landfills through reuse and recycling.



Inspire Action

We will endeavor to inspire team members, members, guests, and communities through our communication platforms to make positive impacts on the environment.

Life Time reserves the right to amend this policy at any time.